

# The VOICE of Albertans with Disabilities

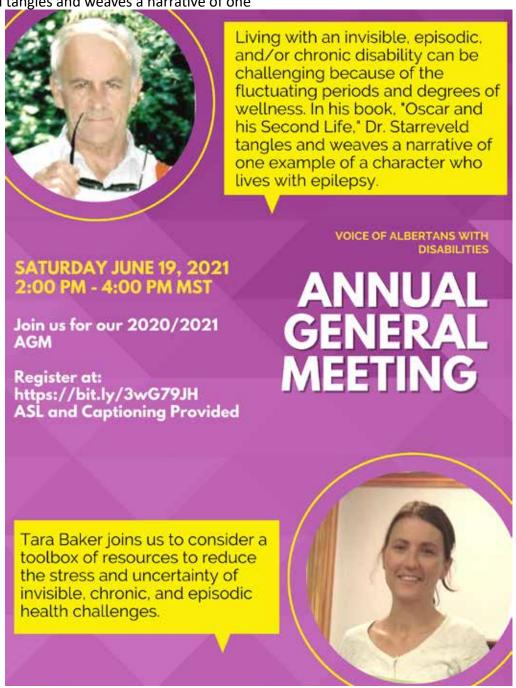
June 10, 2021

# Voice of Albertans with Disabilities: 2020/2021 Annual General Meeting

Living with an invisible, episodic, and/or chronic disability can be challenging because of the fluctuating periods and degrees of wellness. In his book, "Oscar and his Second Life," Dr. Starreveld tangles and weaves a narrative of one

example of a character who lives with epilepsy.

Our second speaker Tara Baker joins us to consider a toolbox of resources to reduce the stress and uncertainty of invisible, chronic, and episodic health challenges. We will start the meeting with a brief AGM; an introduction of Board and staff and the overview of how are





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2020/2021 business plans went this past year.

Register: bit.ly/3wG79JH

Zoom Event- Link will be sent separately

ASL and Captioning will be Available- Please email accessibility@vadsociety.ca if other accommodation is needed.

# **Shining a Light on Brain Injury**

The 2021 joint Brain Injury Awareness Month campaign is focused on raising awareness of brain injury in Canada - in other words, shining a light on this often invisible disability. Brain injury associations across Canada came together to share in this universal message about a condition that affects every individual in a unique, complex way.

Join the campaign by following along on social media. Use the hashtags #BrainInjuryAwarenessMonth, #BrainInjuryAcrossCanada, and #SpotlightonBrainInjury when sharing your own experiences or posts.

Visit https://braininjurycanada.ca/en/brain-injuryawareness-month to learn more about acquired brain injury and bring awareness.

# **Access to Housing Choice Series**

July 9, July 16 & July 23 (1:00pm - 4:00pm)

Come join us and take action ...

This 3-part virtual workshop series has been developed to bring more awareness to the fundamental lack of access to housing options available to people with disabilities. Taking a "first person" perspective, led by disability and human rights advocates Roxanne Ulanicki, Michelle Bissell, Donna Bulger, Nadine Chalifoux and Shima Robinson, these sessions will highlight the importance of finding rights based solutions to housing for each of us.

We are pleased to work in partnership with the John Humphrey Centre for Peace & Human Rights, and the Affordable Housing Solutions Lab.



#### Who can attend?

#### Click link here

Each Session Builds to the Next (to taking action) ... so we ask that you attend all 3 consecutive sessions from

1:00 pm – 4:00 pm on July 9, 16 and 23 (on Zoom Webinar)

\*Anyone interested but unable to attend July 9 will be able to watch a recording of the session and are welcome to join us on July 16.

#### **Workshop Principles**

All attendees taking part in our series are asked to uphold our Core Principles throughout: https://bit.ly/3fRr6aR

#### Session 1

Disability Awareness Workshop July 9 | 1 pm - 4 pm MST

Following an introduction to the series by Nadine Chalifoux and Shima Robinson, Roxanne Ulanicki and Michelle Bissell (Voice of Albertans with Disabilities) co-host this disability awareness presentation with the aim to "...educate towards acceptance & understanding, while promoting concepts of full inclusion & participation" through first-person perspectives. Key Topics: definition of disability, disability & human rights, attitudes & barriers faced, myths & misconceptions of disability

Register for Session 1



Session 2
First Person Perspectives
July 16 | 1 pm - 4 pm MST
Roxanne Ulanicki and Donna Bulger guide a



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conversation with six speakers who will share their lived experiences with the barriers to housing choices. Key Topics: awareness of the lack of appropriate housing options & a more meaningful understanding of the impacts of current housing gaps & lack of availability for individuals with disabilities

Register for Session 2

Session 3
Putting Knowledge into Action
July 23 | 1 pm - 4 pm MST
Details to follow: Exclusive invitations will be emailed to individuals who have attended Sessions 1 & 2

# Huge announcement in Red Deer

Access 4 Disabilities Executive Director and Founder Murray Roddis (and advisor to the VAD board) is certified to conduct accessibility ratings and assessments of buildings and communities to gauge how accessible they are for persons with disabilities. The Capstone development he is working on was recently evaluated and received a pre-adjudicated RHFAC GOLD rating, which is currently working its way through the official RHFAC

certification process.

Critical design features have been woven into the fabric of Capstone to make it more inclusive and accessible. This includes raised crossings and intersections that prioritize pedestrians, Tactile Walking **Surface Indicators** (TWSI's) that help the visually impaired, and wider sidewalks with separate bicycle facilities for general use.



See it in action here:

https://www.youtube.com/watch?v=rOV3Bl3Jcw8 Read the Full article: http://wearereddeer.ca/stories/ capstone-celebrates-national-accessability-week.html



Together, We Hold the Power!



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#### SKIP THE DEPOT

Join VAD in our fundraising by donating your bottles and cans to Skip the Depot.

https://app.skipthedepot.com/vadsociety

Our ID number is: 6K9E

# Thank you!

To everyone who joined us for Watch for Access our National AccessAbility Week Event!

It was a huge success and a lot of fun! We hope to do it again next year (with the possibility of in-person events maybe?) Thank you to everyone who attended and all our incredible speakers: Natasha Urkow, Traci Foster, Kuen Tang and Niek Theelen as well as several VAD Board members who jumped in! Stay tuned to our Facebook page for the upload of that panel discussion soon!

If you attended, please complete our feedback survey here: https://www.surveymonkev.com/r/7CJLB5L

Don't Forget to
REGISTER for the
AGM!
Register:
bit.ly/3wG79JH



